

I'm worried about the wellbeing of someone in my society.
What do I do?

Are you worried about their safety?
For example, have they expressed thoughts of harming themselves or others?

YES

Are you on campus?

NO

Let them know about the support that is available to them.

NOT SURE

Speak to a professional to be safe.

YES

Call the Community Safety Team
02476 52 2083

YES

Call Emergency Services
999

SU Advice Centre

Free, confidential, impartial advice -
www.warwick.com/help-support

University Wellbeing Services

Specialist mental health and disability support - visit the wellbeing portal online, call 024 7657 5570 or visit senate house between 10am-3pm

Report and Support

Specialist support for anyone who has experienced hate crime, sexual misconduct, discrimination, bullying or harassment -
reportandsupport.warwick.ac.uk

NHS Mental Health Helpline

0808 196 6798



It can have an emotional impact on ourselves when someone discloses to you that they are struggling, or you are supporting someone with their own wellbeing.
Make sure you look after yourself and access support if you need to.

