**Suicide prevention**

* PAPYRUS Prevention of Young Suicide. HOPELINEUK

**T:** **0800 068 41 41** (helpline)

**24hr listening support**

* Samaritans

**T:** **116 123** (helpline)

* Childline

**T:** **0800 1111** (helpline)

**Rape/sexual assault**

* Coventry Rape and Sexual Abuse Centre (CRASAC)

**T:** **02476 277 777** (helpline)

* Blue Sky Centre Sexual Assault Referral Centre (SARC)

**T:** **0800 970 0370** (self-referral)

**Domestic abuse**

* Safe to Talk

**T:** **0800 111 4998** (helpline)

* Coventry Haven Women’s Aid

**T:** **02476 444 077** (self-referral)

* National Domestic Violence Helpline

**T:** **0808 2000 247** (helpline)

* National Centre for Domestic Violence

**T:** **0800 970 2070** (legal protection)

**Child abuse**

* Coventry Safeguarding Children Partnership

**T:** **02476 788 555** (to report a concern)

* NSPCC

**T:** **0808 800 5000** (to report a concern)

* Stop It Now!

**T:** **0808 1000 900** (helpline for those concerned about their own or others behaviour)

**Bereavement**

* Coventry Bereavement Services

**T:** **02476 785 486** (practical assistance)

* Cruse

**T:** **0808 808 1677** (helpline)

* Survivors of Bereavement by Suicide (SOBS)

**T:** **0300 111 5065** (helpline)

**Self harm support**

* Self Injury Support (women only)

**T:** **0808 800 8088** (helpline)

**Forced marriage/‘Honour’ abuse**

* Karma Nirvana

**T:** **0800 5999 247** (helpline)

**Police services (non-emergency)**

* Police non-emergency number

**T:** **101**

**24hr medical advice**

* NHS non-emergency number

**T:** **111**

**Mental health crisis**

* Mental Health Matters

**T:** **0800 616 171** (helpline)

* Sane

**T:** **0300 304 7000** (helpline)

**Child & adolescent mental health service**

* Rise (formerly CAMHS)

**T:** **0300 200 2021** (information. Professional referral required)

**Sexual health**

* Coventry Integrated Sexual Health Services (ISHS)

**T:** **0300 020 0027** (information and advice)

* National Sexual Health Helpline

**T:** **0300 123 7123** (advice line)

**Homelessness**

* Coventry Homelessness Prevention Service

**T:** **02476 834 025** (contact number)

* Coventry Cyrenians (supported accommodation provider)

**T:** **0800 018 0579** (self-referral)

* Shelter

**T:** **0808 800 4444** (helpline)

**Sexuality / Gender support**

* Coventry LGBT Plus

www.coventrypride.org.uk/coventry-lgbt-plus

* Switchboard (LGBT+)

**T:** **0300 330 0630** (helpline)

**Family support services**

* Family Lives

**T:** **0808 800 2222** (helpline)

**NHS counselling support**

* Coventry and Warwickshire NHS Trust IAPT Service

**T:** **02476 671 090** (self-referral)

**Addiction**

* Change Grow Live Coventry (drug and alcohol service)

**T:** **02476 010 241** (self-referral)

* FRANK

**T:** **0300 123 6600** (drug advice line)

* Alcoholics Anonymous

**T:** **0800 917 7650** (helpline)

* Gamcare (gambling support)

**T:** **0808 8020 133** (helpline)

 **Carer support services**

* Coventry Carer Wellbeing Service

**T:** **02476 632 972** (information and advice line)

**Victim support**

* Victim Support West Midlands

**T:** **0300 303 1977 / 0808 168 9111** (practical and emotional help)

**Probation officers**

* Staffordshire and West Midlands Community Rehabilitation Company

**T:** **0800 200 6565** (enquiries from service users) / **0121 273 5000** (enquiries from partner agencies)

**Debt advice**

* **Coventry Citizens Advice**

**T:** **02476 223 284(advice line)**

* National Citizens Advice**:**

**T:** **03444 111 444 (advice line)**

* National Debtline

**T:** **0808 808 4000** (advice line)

* Stepchange Debt Charity

**T:** **0800 138 1111** (advice line)